

WEEK 1

W/C: 04/11, 25/11, 16/12, 20/01, 10/02, 31/03

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS

Macaroni Cheese 

Cottage Pie 
Served with Gravy

Roast Chicken
Served with Roast Potatoes and
Gravy



BBQ Chicken Pizza 
Served with Pesto Pasta

Southern Fried Chicken
Served with Chips

Cheesy Bean Burrito   


West African Vegetable Rice   

Roast Quorn 
Served with Roast Potatoes and
Gravy

Meatless Feast Cheesy Pizza 

Served with Pesto Pasta

Crispy Quorn Sub 
Served with Chips


JACKET POTATO

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings
including Salmon Mayonnaise 

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Tomato Pasta Fresh, homemade tomato sauce with penne pasta  

All main meals are served with two vegetables

DESSERT

Fruit Salad

Apple Crumble with Custard 

Strawberry Frozen Yoghurt

Fruit Platter 

Cheese & Biscuits with Fruit

AVAILABLE EVERY DAY

Water, salad, freshly baked bread,
yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice

WEEK 2

W/C: 11/11, 02/12, 06/01, 27/01, 24/02, 17/03

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS

Veggie Supreme Pizza  
Served with Pesto Pasta

Beef Bolognese 
Served with Spaghetti

Roast Chicken
Served with Roast Potatoes and
Gravy

Chicken and Vegetable Pie
Served with Mashed Potato and
Gravy


Fish Fingers
Served with Chips

**Chilli No Carne with Crispy
Tortilla**
Served with Wholegrain Rice



Chinese Vegetable Noodles 



Winter Vegetable Hotpot 
Served with Gravy

Macaroni Cheese 

Quorn Dippers 
Served with Chips

JACKET POTATO

Jacket Potatoes  
with a choice of hot and cold fillings

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with a choice of hot and cold fillings

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with a choice of hot and cold fillings

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with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Tomato Pasta Fresh, homemade tomato sauce with penne pasta  

All main meals are served with two vegetables

DESSERT

Fruit Platter 

**Orange Glazed Sticky Sponge
Pudding with Custard**

Fruits of the Forest Jelly



Fruit Salad 

**Cheese & Biscuits served with
Fruit** 

AVAILABLE EVERY DAY

Water, salad, freshly baked bread,
yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**

 **Fruity!**  **Nutritionist's Choice**

WEEK 3

W/C: 18/11, 09/12, 13/01, 03/02, 03/03, 24/03

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOT SPECIALS

Macaroni Cheese 




Jerk Chicken
Served with Rice and Peas

Roast Beef
Served with Roast Potatoes and
Gravy

Chicken and Vegetable Korma
 
Served with Wholegrain Rice

Battered Fish
Served with Chips

BBQ Quorn Fillet   
Served with Wholegrain Rice



Vegetarian Bolognese   
Served with Wholewheat Pasta and
Garlic and Herb Bread



Roasted Vegetable and
Cranberry Slice 
Served with Roast Potatoes and
Gravy

Vegetable Spanish Rice

Cheese and Sweetcorn
Omelette 
Served with Chips


JACKET POTATO

Jacket Potatoes  
with a choice of hot and cold fillings

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with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Jacket Potatoes  
with a choice of hot and cold fillings

Tomato Pasta Fresh, homemade tomato sauce with penne pasta  

All main meals are served with two vegetables

DESSERT

Fresh Fruit Salad 

Jam and Coconut Sponge with
Custard

Vanilla Ice Cream


Fruit Platter

Cheese & Biscuit with Fruit 

AVAILABLE EVERY DAY

Water, salad, freshly baked bread,
yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice