



























WEEK 1

W/C: 26/08, 16/09, 07/10



SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	BBQ Chicken Served with Roast Potatoes	Jerk Chicken Served with Rice and Peas	Fish Fingers Served with Chips
JACKET POTATO	Potato & Lentil Curry    Served with Wholegrain Rice	Vegetarian Burger  Served with Potato Wedges	Vegetarian Cottage Pie   Served with Gravy	Chilli No Carne with Crispy Tortilla    Served with Wholegrain Rice	Quorn Dippers  Served with Chips
	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  				
	All main meals are served with two vegetables				
DESSERT	Fruit Salad 	Chocolate Sponge with Chocolate Custard	Vanilla Ice Cream	Fresh Fruit Platter	Cheese and Biscuits served with Fruit 

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit































 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice

WEEK 2

W/C: 02/09, 23/09, 14/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Beef Bolognese   Served with Wholewheat Pasta	Roast Chicken  Served with Roast Potatoes and Gravy	Butter Chicken Curry   Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
	Vegetarian Bolognese    Served with Wholewheat Pasta	Veggie Burrito   	Quorn Roast  Served with Roast Potatoes and Gravy	Macaroni Cheese 	Veggie Fingers  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Fresh Fruit Platter 	Orange Drizzle Cake	Orange Jelly	Fruit Platter 	Cheese and Biscuits served with Fruit 





























AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain
 Fruity!  Nutritionist's Choice

WEEK 3

W/C: 09/09, 30/09, 21/10



SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza  Served with Potato Wedges	Beef Lasagne  Served with Garlic and Herb Bread	Roast Beef Served with Roast Potatoes and Gravy	Chicken and Broccoli Pasta Bake  	Fish Fingers Served with Chips
JACKET POTATO	Tomato and Herb Lentil Pasta   	Vegetarian Sausage  Served with Mashed Potato and Gravy	West African Vegetable Rice 	Meatless Balls in Tomato Sauce  Served with Rainbow Rice	Quorn Dippers  Served with Chips
	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings, including Salmon Mayonnaise 	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  				
	All main meals are served with two vegetables				
DESSERT	Fresh Fruit Platter 	Chocolate Brownie  	Chocolate Ice Cream	Fresh Fruit Platter	Cheese and Biscuits served with Fruit 

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice