

# WEEK 1

W/C: 17/04, 08/05, 29/05, 19/06, 10/07

SPRING/SUMMER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> ♻️ 🌱 Served with Potato Wedges	<b>Chicken Korma</b> 🌱 🌱 Served with Wholegrain Rice	<b>Roast Turkey</b> 🍷 Served with Roast Potatoes and Gravy	<b>West African Chicken Rice</b> 🍷	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Sweet Potato Curry</b> ♻️ 🍷 🌱 Served with Wholegrain Rice	<b>Macaroni Cheese</b> ♻️	<b>Roasted Vegetable Butterbean Crumble</b> ♻️ 🍷 Served with Roast Potatoes and Gravy	<b>Vegetarian Bolognese</b> ♻️ 🌱 Served with Wholemeal Pasta	<b>Vegetarian Dippers</b> ♻️ Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> ♻️ 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♻️ 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♻️ 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♻️ 🍷 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♻️ 🍷 with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱					
All main meals are served with two vegetables					
DESSERT	<b>Vanilla Ice Cream</b>	<b>Hot Chocolate Sponge with Chocolate Custard</b>	<b>Strawberry Jelly with Fruit</b> 🍷	<b>Fresh Fruit Platter</b> 🍷	<b>Cheese and Biscuits with Fruit</b>

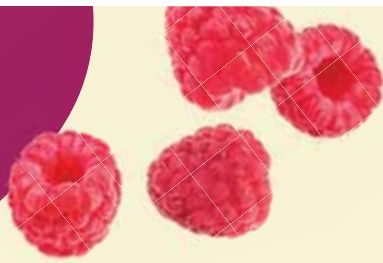
**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌱 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07

SPRING/SUMMER 2023

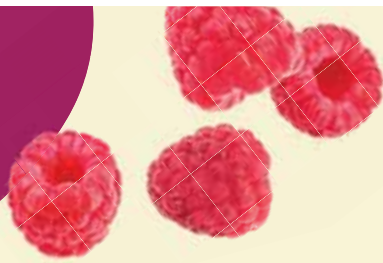
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> ♻️ 🌱 Served with Potato Wedges	<b>Jerk Chicken</b> Served with Rice and Peas	<b>Roast Chicken</b> Served with Roast Potato and Gravy	<b>Beef Keema Curry</b> 🐟 🌱 Served with Wholegrain Rice	<b>Breaded Fish Fingers</b> Served with Chips
	<b>Vegetable Pastry Roll</b> ♻️ Served with Potato Wedges	<b>Cauliflower Macaroni Cheese</b> ♻️ 🌱	<b>Sweet Potato and Chickpea Roast</b> ♻️ Served with Roast Potatoes and Gravy	<b>Vegetable Lasagne</b> ♻️ 🌱 Served with Garlic and Herb Bread	<b>Vegetarian Dippers</b> ♻️ Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b> ♻️ 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♻️ 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♻️ 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♻️ 🌱 with a choice of hot and cold fillings	<b>Jacket Potatoes</b> ♻️ 🌱 with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱					
All main meals are served with two vegetables					
DESSERT	<b>Strawberry Ice cream</b>	<b>Chocolate and Banana Mable Cake</b> 🍌	<b>Orange Jelly</b>	<b>Fresh Fruit Platter</b> 🍏	<b>Cheese and Biscuits with Fruit</b>

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌱 Wholegrain

🍏 Fruity! ❤️ Nutritionist's Choice



# WEEK 3

W/C: 01/05, 22/05, 12/06, 03/07


SPRING/SUMMER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b>   Served with Potato Wedges	<b>Mexican Beef Tortilla Pie</b>  Served with Wholegrain Rice	<b>Roast Turkey</b> Served with Roast Potatoes and Gravy	<b>Butter Chicken Curry</b>  Served with Wholegrain Rice	<b>Southern Fried Chicken</b> Served with Chips
JACKET POTATO	<b>Vegetarian Bolognese</b>   Served with Wholemeal Pasta	<b>Sweet Chilli Vegetable Noodles</b> 	<b>Vegetable Pastry Roll</b>  Served with Diced Potatoes	<b>Macaroni Cheese</b> 	<b>Tomato Vegetable Burger</b>  Served with Chips
JACKET POTATO	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings	<b>Jacket Potatoes</b>   with a choice of hot and cold fillings
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	<b>Fresh Fruit Platter</b> 	<b>Berry Flapjack with Fruit</b> 	<b>Mango Frozen Yoghurt</b>	<b>Fresh Fruit Platter</b> 	<b>Cheese and Biscuits with Fruit</b>

**AVAILABLE EVERY DAY**

Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian  Oily Fish  Wholegrain

 Fruity!  Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.