

PE at DULWICH WOOD

Curriculum

Each child at Dulwich Wood school is entitled to a minimum of 2 hours of physical activity per week, 1 X Core P.E session and 1 x Multi-sports sessions.

We also offer a range of after school's sports clubs focusing on a range of sports such as: Football, basketball, gymnastics, dance and multi-sports.

We follow the PESSN scheme of work that covers all key-stages and the varying physical needs of children; this is also tied into their intra/inter schools' sports competitions and festivals and include non-competitive events such as bowling, sailing and ice skating that focus on exposure rather than competition. These competitions/events provide opportunities for children to develop and enrich their interests in new sports as well as providing staff with an opportunity to gain additional information and training to share with staff back at school.

Intent

Physical education at Dulwich School serves a number of purposes:

- Provide children with an inherent interest and passion for sport that they can not only utilise inside of school but also in their free time
- We want to utilise sport as a means of socialisation in order to help promote a complete state of mental, physical and social well-being
- Implement a holistic approach amongst all staff that encourages the importance and benefit of physical/mental health and how this can be implemented through the teaching of physical education. (This implemented through high quality teaching of the subject) – teachers are fully supported by CPD programmes and training days provided by the PESSN.

Implementation

At Dulwich Wood School we are providing staff with a range of opportunities to enrich their development in the teaching of Physical education, not only class teachers but also teaching assistants:

- Staff Meetings led by Wilson Frimpong (PESSN) – centred around assessment of P.E
- CPD is available for all staff at multiple points throughout the year
- Lesson plans are available for all topics covered in the P.E curriculum from Reception- Year 6.
- New outdoor playground equipment has been purchased using our sports premium to help enrich child lead physical activity.
- We have doubled the range of after school physical activity provision and have utilised our sports premium to outsource additional coaching and support from specialists.



Impact

- Improved participation in physical education and sport.
- Improved staff confidence in the deliverance of physical education.
- Improved participation of external sporting competition.
- Improved variation of sports available to children.
- Improved perception of physical education both amongst staff and pupils.
- Improved understanding of non-physical benefits of exercise.