

Tape game

What will I need?
Sticky tape

Stick six lines of sticky tape to the floor, leaving a gap between each line.

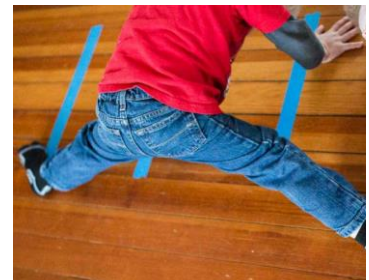
How far can you jump?

Jumping from the first line and seeing how far you can jump.



How far can you stretch?

Starting with your foot on the first line, see how far you can stretch with your other foot while keeping your first foot in place.



How far can you reach?

Start by standing on the first line and then bending over to touch the next line with your hands. Then walk forward with your hands, seeing how far you can reach.



How long are you?

Measure yourself! Lay down and see how long you are.

