

WEEK 1

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 12/02, 04/03, 25/03, 15/04

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌾 Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Chicken Served with Roast Potatoes and Gravy	Beef Bolognese 🌾 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Stir Fried Vegetable Rice 🌱 🌾 🍷	Vegetarian Burger 🌱 Served with Potato Wedges	Vegetable Pastry Roll 🌱 Served with Mashed Potato and Gravy	Vegetarian Bolognese 🌱 🌾 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾				
	All main meals are served with two vegetables				
DESSERT	Fresh Fruit Salad	Raspberry Yoghurt Cake with Fruit 🍓	Vanilla Ice Cream	Fresh Fruit Platter	Cheese and Crackers with Fruit

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 2

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03, 01/04, 22/04

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🍷 Served with Potato Wedges	Jerk Chicken Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Mexican Beef Tortilla Pie 🍷 🍷 Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
JACKET POTATO	Vegetarian Cottage Pie 🌱 🍷 Served with Gravy	Macaroni Cheese 🌱	Cheesy Leek and Carrot Crumble 🌱 🍷 Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake 🍷 🌱 Served with Garlic and Herb Bread	Crispy Quorn Nuggets 🌱 Served with Chips
	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings	Jacket Potatoes 🍷 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🍷				
	All main meals are served with two vegetables				
DESSERT	Fresh Fruit Platter	Chocolate and Vanilla Marble Cake	Strawberry Ice Cream	Fresh Fruit Slices 🌱	Cheese and Biscuits with Fruit

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🍷 Wholegrain

🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

WEEK 3

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03, 08/04

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza 🌱 🌿 Served with Potato Wedges	Cottage Pie ❤️ Served with Gravy	Roast Turkey Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma 🌱 ❤️ Served with Wholegrain Rice	Southern Fried Chicken Served with Chips
JACKET POTATO	Chilli No Carne with Crispy Tortilla 🌱 🌿 ❤️ Served with Wholegrain Rice	Cauliflower Macaroni Cheese 🌱 🌿 ❤️ Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast 🌱 ❤️ Served with Roast Potatoes and Gravy	Vegetarian Cottage Pie 🌱 ❤️	Crispy Quorn Nuggets 🌱 Served with Chips
	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings	Jacket Potatoes ❤️ 🌱 with a choice of hot and cold fillings
	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌿				
	All main meals are served with two vegetables				
DESSERT	Fruit Salad	Orange Drizzle Cake with Fruit 🌱	Strawberry Jelly	Fresh Fruit Platter	Cheese and Biscuits with Fruit

AVAILABLE EVERY DAY

Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌿 Wholegrain

🍏 Fruity! ❤️ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.