

PSHE at DULWICH WOOD

Curriculum

At Dulwich Wood, PSHE education is a programme of learning through which our children acquire the knowledge, understanding and skills that they need to manage their lives now and in the future. As part of a whole-school approach, which includes multi-faith assemblies, collaboration with key children's charities, as well as refugee awareness and key literacy texts that highlight issues around friendships and equalities we use the Coram Life Education SCARF programme. SCARF is an acronym for - Safety, Caring, Achievement, Resilience, Friendship and alongside this we also use the Christopher Winter Project materials so our PSHE curriculum covers all aspects of the statutory guidance for Relationships and Sex Education (RSE) and Health Education (2020). SCARF supports our PSHE programme by promoting positive behaviour, mental health, wellbeing, resilience and achievement. Our school values caring, confident, collaborative and community are explicitly explored and embedded through PSHE and more generally through the wider curriculum.



By following these programmes, we aim for the children at Dulwich Wood to develop the qualities and attributes that they need to thrive as individuals, family members and members of society and to adhere in full to British Values which underpin everything we teach. This means equipping children with the skills and knowledge to live healthy, safe, productive, capable, responsible and balanced lives. As well as, encouraging them to be enterprising; supporting them in making effective transitions; making positive learning and career choices; and in achieving economic wellbeing.

A critical component of our PSHE education is providing opportunities for children to reflect on and clarify their own values and attitudes as well as explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

Within each year group the curriculum is organised into six themes:

- Me and my relationships
- Valuing differences
- Keeping myself safe
- Rights and responsibility
- Being the best me
- Growing and changing

Intent

At Dulwich Wood, we want our PSHE programme to help develop children as healthy individuals and considerate citizens who understand their emotions, form healthy relationships, manage risks and make informed decisions.

With the changing and increasingly complex society that we now live in, comes opportunities, challenges, responsibilities and risks that can impact our children. It is our duty to ensure that our children are well equipped to take care of themselves within this society. We aim to nurture children to grow up to be happy and confident adults; teach them to be able to identify danger and know how to keep safe at all times. We want them to have everything they need to make good choices which benefit themselves and the wider world.

Implementation

PSHE is an essential part of our weekly teaching timetable and is taught using the planning and resources from the SCARF programme. This programme features a range of interactive teaching materials, including sorting cards, engaging scenarios, true or false statements, storyboards and drama techniques. It also provides a series of short training film clips to support teachers in their delivery of RSE. Parents/Carers are notified when the RSE specific lessons (Y2-Y6) are going to be taught (usually 3 lessons in the Summer term), and are given the opportunity to discuss the content of the lessons and any concerns they may have with a Senior Leader.

Teachers have access to interactive booklets and video clips that provide them with material that is age appropriate to their year group and supporting guidance including:

- how to structure their lessons and set boundaries
- how to answer difficult questions, use of question boxes and keep themselves safe
- approaches to promoting positive social norms but not over sharing their own views, values and beliefs
- information on safeguarding and working with parents
- opportunities to team teach with more experienced colleagues

Impact

We believe that it is important for children to have opportunities to reflect on their learning, as self-assessment can increase motivation and improves learning. This raises their awareness of their development and illustrates the value of their learning. Therefore, every child is given a reflection booklet for them to complete at the end of every theme.

There is also an RSE reflection booklet which children will record their RSE specific learning as a home learning project and write down any questions which they may still want answering. This will open up and scaffold dialogue between Parents/Carers and children and at the same time help teachers identify miss-conceptions or gaps in learning.

