

Dulwich Wood Children and Family Centre Lyall Avenue, London SE21 8QS					Crawford Children and Family Centre Crawford Road, Camberwell SE5 9NF				
Monday 9:30am-11am Baby Group (0-18 months) 11:15am-12:30pm ChatterTime (2-5 years) 1:30pm-2.30pm Baby Massage (0-11Months) <i>*Booking is Required</i> 1:30pm-3pm Stay and Play (0-5 years)	Tuesday 10am-11:30am Bookstart (0-5 years) 1:30pm-3pm Baby Giggles and Wiggles (0-2 years)	Wednesday 12pm-2pm Breastfeeding Drop-in <i>*last arrival at 1:30pm</i>	Thursday 10am-11:30am ToddlerTime & Early Words Together (2-5 years) 1pm-2:30pm SENsational Play (0-5years) <i>*For children who have additional or SEN needs</i>	Friday 10am-11am Move and Groove (0-5years) Saturday 11:30am-1:00pm Stay and Play <i>*8th Nov</i>	Monday 1:00pm-2:30pm Baby Sensory Group (0-18 months)	Tuesday 10am-11:30am Bookstart (0-5years) <i>*Camberwell library</i> 10am-12pm Breastfeeding Drop-in <i>*last arrival at 11:30am</i>	Wednesday 10am-12pm EPEC <i>*Referrals only starting 24th September</i> 1:30pm-3pm Stay and Play & Early Words Together (0-5years)	Thursday 10am-12pm Health Visitor (0-2years) <i>*last arrival at 11:30am</i> 10am-11:30am Stay and Play (0-5years) 1:30pm-2:30pm Baby Massage (0-11Month) <i>*Booking is Required</i>	Friday 1pm-2:30pm Yoga for Parents Wellbeing <i>*referrals only</i>
New Sessions			Albrighton C&F Centre 37 Albrighton Road, London SE22 8AH		The Grove Children and Family Centre Tower Mill Road, London, SE15 6BY				
Rose Voucher Collection days are - Tuesday at Dulwich Wood 10-12pm. -Wednesday at Albrighton 1-2:30pm			Wednesday 10am-11:30am Stay and Play (0-5years) 1pm-2pm Move and Groove (2-5years)	Friday 10am-11:30am Bookstart (0-5years)	Monday 10am-11:30am Stay and Play (0-5years)				
Find Out more!									
 We can provide you with Foodbank Rose VOUCHERS Rose Voucher Collection days are - Tues at Dulwich wood 10-12pm. - Wed at Albrighton 1-2:30pm & - - Thurs from 9:30 12pm at Our Crawford Centre.		 Live in Southwark and have a child under 5 register for a monthly free book till their 5th birthday: https://50thingstodo.org/ 		Family Support & Advice Session: Book in a face-to-face or phone call appointment to get advice and support on any well-being queries you may have: email us at: cdcfcoffices@dulwichwood.com			Facebook: @CamberwellandDulwichcfc Twitter: @C_D_cfc Instagram: cd_childrenfamilyhub TikTok: cd_childrenfamilyhub Web: https://www.dulwichwood.com/aardvarkcc/ Email: cdcfcoffices@dulwichwood.com Phone: 020 7525 2017		

Session description on back.

Baby Group:

Play singing and sensory activities to stimulate your baby.

Stay and play:

Come and play and get tips and ideas for learning through play.

Bookstart:

Activities supporting literacy using puppets and props to make story time fun and engaging.

SENsational Play:

Come and Play and get weekly tips and ideas for learning through play for children with additional needs.

ChatterTime:

A Stay and Play group to help support your child's Speech and Language.

Move and Groove:

Come play and get tips and ideas for learning through play at our structured music and singing sessions with instruments and props.

Baby Massage:

A 5-week Massage course for parents and babies. Towels and Oil are required for this session.

Stay and Play / Toddlertime & Early

Words Together:

Come and play and get tips & ideas for learning through play and build up your confidence in supporting your children's communication, language and Literacy skills.

Breastfeeding Drop-In:

Drop in for advice and support for any of your breastfeeding concerns..

Yoga for Parents Well-Being:

A 8-week group where you can learn the tools to manage stressful and challenging emotions.

EPEC:

A 9-week course to help parents to learn practical skills for everyday life.

Baby Sensory Group:

Engage your baby with play, singing, and sensory activities that encourage exploration and stimulate their developing senses.

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