



# WEEK 1

W/C: 17/04, 08/05, 29/05, 19/06, 10/07

**SPRING/SUMMER 2023**

|  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|---|--|---|---|
| HOT SPECIALS   | <b>Cheese and Tomato Pizza</b> ♻️ 🌱<br>Served with Potato Wedges      | <b>Chicken Korma</b> ♻️ 🌱<br>Served with Wholegrain Rice              | <b>Roast Turkey</b> 🍷<br>Served with Roast Potatoes and Gravy                            | <b>West African Chicken Rice</b> 🍷                                    | <b>Breaded Fish Fingers</b><br>Served with Chips                      |
| JACKET POTATO  | <b>Sweet Potato Curry</b> ♻️ 🍷 🌱<br>Served with Wholegrain Rice       | <b>Macaroni Cheese</b> ♻️   | <b>Roasted Vegetable Butterbean Crumble</b> ♻️ 🍷<br>Served with Roast Potatoes and Gravy | <b>Vegetarian Bolognese</b> ♻️ 🍷<br>Served with Wholemeal Pasta       | <b>Vegetarian Dippers</b> ♻️<br>Served with Chips                     |
| JACKET POTATO  | <b>Jacket Potatoes</b> ♻️ 🍷<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> ♻️ 🍷<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> ♻️ 🍷<br>with a choice of hot and cold fillings                    | <b>Jacket Potatoes</b> ♻️ 🍷<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> ♻️ 🍷<br>with a choice of hot and cold fillings |
| <b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱 |   |   |  |   |   |
| All main meals are served with two vegetables                                    |   |   |  |   |   |
| DESSERT  | <b>Vanilla Ice Cream</b>  | <b>Hot Chocolate Sponge with Chocolate Custard</b>                    | <b>Strawberry Jelly with Fruit</b> 🍷   | <b>Fresh Fruit Platter</b> 🍷  | <b>Cheese and Biscuits with Fruit</b>                                 |

**PACKED LUNCH AVAILABLE**  
Ham and Cheese sandwich available daily with veg sticks and fresh fruit or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 
 🐟 Oily Fish 
 🌱 Wholegrain  
🍏 Fruity! 
 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07

SPRING/SUMMER 2023

|  | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|---|---|---|---|---|
| HOT SPECIALS   | <b>Cheese and Tomato Pizza</b> ♻️ 🌱<br>Served with Potato Wedges      | <b>Jerk Chicken</b><br>Served with Rice and Peas                      | <b>Roast Chicken</b><br>Served with Roast Potato and Gravy                        | <b>Beef Keema Curry</b> 🐟 🌱<br>Served with Wholegrain Rice            | <b>Breaded Fish Fingers</b><br>Served with Chips                      |
| JACKET POTATO  | <b>Vegetable Pastry Roll</b> ♻️<br>Served with Potato Wedges          | <b>Cauliflower Macaroni Cheese</b> ♻️ 🌱                               | <b>Sweet Potato and Chickpea Roast</b> ♻️<br>Served with Roast Potatoes and Gravy | <b>Vegetable Lasagne</b> ♻️ 🌱<br>Served with Garlic and Herb Bread    | <b>Vegetarian Dippers</b> ♻️<br>Served with Chips                     |
| JACKET POTATO  | <b>Jacket Potatoes</b> ♻️ 🌱<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> ♻️ 🌱<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> ♻️ 🌱<br>with a choice of hot and cold fillings             | <b>Jacket Potatoes</b> ♻️ 🌱<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> ♻️ 🌱<br>with a choice of hot and cold fillings |
| <b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🌱 |   |   |   |   |   |
| All main meals are served with two vegetables                                    |   |   |   |   |   |
| DESSERT  | <b>Strawberry Ice cream</b>   | <b>Orange Jelly</b>   | <b>Chocolate and Banana Marble Cake</b>   | <b>Fresh Fruit Platter</b> 🍏  | <b>Cheese and Biscuits with Fruit</b>                                 |

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**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌱 Wholegrain  
🍏 Fruity! ❤️ Nutritionist's Choice

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# WEEK 3

W/C: 01/05, 22/05, 12/06, 03/07

SPRING/SUMMER 2023

|               | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---------------|---|--|--|--|--|
| HOT SPECIALS  | <b>Cheese and Tomato Pizza</b> 🌱 🌾<br>Served with Potato Wedges                 | <b>Mexican Beef Tortilla Pie</b> 🌾<br>Served with Wholegrain Rice    | <b>Roast Turkey Picnic Plate</b><br>Served with Potato Wedges        | <b>Butter Chicken Curry</b> 🌾<br>Served with Wholegrain Rice         | <b>Southern Fried Chicken</b><br>Served with Chips                   |
| JACKET POTATO | <b>Jacket Potatoes</b> 🍷 🌱<br>with a choice of hot and cold fillings            | <b>Jacket Potatoes</b> 🍷 🌱<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> 🍷 🌱<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> 🍷 🌱<br>with a choice of hot and cold fillings | <b>Jacket Potatoes</b> 🍷 🌱<br>with a choice of hot and cold fillings |
|               | <b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾 |  |  |  |  |
|               | All main meals are served with two vegetables                                   |  |  |  |  |
| DESSERT       | <b>Fresh Fruit Platter</b> 🍏  | <b>Berry Flapjack with Fruit</b> 🍏                                   | <b>Mango Frozen Yoghurt</b>  | <b>Fresh Fruit Platter</b> 🍏   | <b>Cheese and Biscuits with Fruit</b>                                |

**PACKED LUNCH AVAILABLE**  
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**AVAILABLE EVERY DAY**  
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🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain  
🍏 Fruity! 🍷 Nutritionist's Choice

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