



# Rose VOUCHERS for fruit & veg



## Would you like to buy more fruit and vegetables?

The Rose Vouchers for Fruit & Veg Project helps families on low incomes to buy fresh fruit and vegetables, and supports them to give their children the healthiest possible start.

The scheme will:

- Give you vouchers to use at East Street Market and some stalls in Peckham to buy fresh fruit and vegetables.
- Get you more involved with your local Children's Centre.
- Make it easier for you to meet other local families and parents.
- Tell you about what's happening locally to support healthier, happier families.



### Who is it for?

The project is for pregnant women and families with young children\* who live in either **SE1**, **SE5** or **SE17** and:

- Already receive Healthy Start vouchers **or**
- Are on a low income **or**
- Are refugees and asylum seekers (NRPF)

*\* You must be at least 10 weeks pregnant, or have a child under 5 who is not yet in Reception at school.*

### How does it work?

- Once registered with the scheme, you will receive four £1 Rose Vouchers per week for every eligible child until they start in Reception, and 6 vouchers for 0-1-year olds. You also receive 4 Rose Vouchers for each sibling at primary school, as long as there is a child not yet in Reception class who is eligible.
- You may use these vouchers at stalls in East Street Market or Peckham who have a 'Rose Vouchers for Fruit & Veg' banner.

To speak to the children centres team, please call us now on **020 7525 2017** or email [cdcfoffices@dulwichwood.com](mailto:cdcfoffices@dulwichwood.com).

