# Contact us

Crawford Children and Family Centre

Crawford Rd, Camberwell, London SE5 9NF

**Dulwich Wood Children and Family Centre** 

Lyall Avenue, London SE21 8QS

Albrighton Children and Family Centre

37 Albrighton Rd, London SE22 8AH

The Grove Children and Family Centre

Tower Mill Rd, London SE15 6BP

**Telephone:** 0207 525 2017

Email: <a href="mailto:cdcfcoffices@dulwichwood.com">cdcfcoffices@dulwichwood.com</a>

Please visit our websites for further

information https://www.dulwichwood.com/aardvarkcc

@C\_D\_cfc



@CamberwellandDulwichcfc



# Camberwell and Dulwich Children and Family Centres

# January 2021 Timetable

All sessions now require booking in advance please email <u>cdcfcoffices@dulwichwood.com</u>

Please note that 'in real life' sessions are on pause due to COVID-19 Restrictions.



Our registration form is now available to complete on our website

https://www.dulwichwood.com/aardvarkcc/

Please complete this if you are new to attending our Children and Family and Centres.



## **Virtual Sessions**

Songs and Stories from around the world (0-5's)

Mondays 10:30am-11:00am

New Parents Group (Babies up to 6 months)

Mondays 11:30-12:00am

Chattertime run by Speech & Language Therapist (15 months-4 years)

Mondays 10:30-11:00am

Baby Massage (8 weeks-pre-crawlers) From 19th Jan 2021

Tuesdays 10:30am-11:30am

Baby Group (0 –18 months)

Tuesday 10:30am-11:00am

Singing and Storytelling (0-5's)

Wednesdays 10:30am-11:00am

#### Book Start (0-5'S)

Wednesday 11:00-11:30am

Toddler Time (18 months—36 months)

Wednesdays 11:30am-12:00pm

Songs, Stories and Rhymes (0-5's)

Thursdays 10:30am-11:00am

Family Learning Activities

Thursdays 11:30am-12:00pm

Healthy Movers (0-5's)

Fridays 10:30am-11:00am

Young Parents Group-Parents under 25

Fridays 11:30-12:00 pm



Collection of Family Learning Packs with resources and activities to do at home with the children from Crawford or Dulwich Wood Children and Family Centre.

To collect your pack please email



cdcfcoffices@dulwichwood.com

#### Advisory Sessions Wednesdays 9am-12pm

Telephone advice and support for families in various areas such as parenting strategies, children's behaviour, accessing health and nursery, general advice about housing and employment.

To book a slot please email cdcfcoffices@dulwichwood.com

## Trainina / Workshops

To book please email: cdcfcoffices@dulwichwood.com

Early Words Together at Two – Wednesdays 10:30am-11:30am

A programme for families of 2-3 years olds to support a positive home learning environment, build parental confidence and enjoy exploring stories, rhymes and books.

## Partners Sessions /Advice

#### Speech and Language support - Virtual Workshops

Chattertime and Babbling Babies. Contact gst-tr.contactslt@nhs.net for further information

Starting Solids Foods and Nutrition support - Virtual workshops Contact EYNutrition@astt.nhs.uk for further information

## **Rose Vouchers**



Support to buy fresh fruit and vegetables for low income families. Rose Vouchers collection: Monday 9am-12pm and 1:30pm-3pm from Crawford Children and Family Centre

If you wish to register to receive Rose Vouchers, please phone 020 7525 2017 or email cdcfcoffices@dulwichwood.com to find out whether you are eligible.









