

Starting Solid Foods (for babies around 6 month)

Virtual group sessions now available

In this 60 minute workshop you will learn about starting and progressing with solid foods with your baby in a practical and friendly session with an expert dietitian/nutritionist
(Up to 6 attendees per group session)



To book your place

Email your name, preferred email address and borough you live in to:

EYNutrition@gstt.nhs.uk

or

Contact your Health Visiting SPA line:

0203 049 8166 (Southwark) or 0203 049 5300 (Lambeth)

Stay up to date with our services on the Trust website:
Evelina London Community Nutrition and Dietetics service
www.evelinalondon.nhs.uk/CommunityNutritionDietetics

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