Contact us

Crawford Children and Family Centre

Crawford Rd, Camberwell, London SE5 9NF

Dulwich Wood Children and Family Centre

Lyall Avenue, London SE21 8QS

Albrighton Children and Family Centre

37 Albrighton Rd, London SE22 8AH

The Grove Children and Family Centre

Tower Mill Rd, London SE15 6BP

Telephone: 0207 525 2017

Email: cdcfcoffices@dulwichwood.com

Please visit our websites for further information

https://www.dulwichwood.com/aardvarkcc



Camberwell and Dulwich Children and Family Centres

December 2020 Timetable

All sessions now require booking in advance please email cdcfcoffices@dulwichwood.com

Please note that the capacity of 'in real life' sessions is limited due to COVID-19 Restrictions.



Our registration form is now available to complete on our website

https://www.dulwichwood.com/aardvarkcc/

Please complete this if you are new to attending our Children and Family and Centres.



In Real Life Sessions - Small Support Group

Crawford Children and Family Centre

New Parents Group-Babies up to 6 months old

Mondays 10:30-11:30 am

Baby Group (0-18 months)

Tuesdays 10:30-11:30 am

Healthy Movers (0-5's)

Fridays 10:30-11:30 am

Albrighton Children and Family Centre

Toddler Time (18 months-36 months)

Wednesdays 10:30-11:30 am

Dulwich Wood Children and Family Centre

Young Parents Group-Parents under 25

Fridays 10:30-11:30 am



Virtual Sessions

Songs and Stories from around the world (0-5's)

Mondays 10:30-11am

Chattertime run by Speech & Language Therapist (15 months-4 years)

Mondays 10:30-11:00 am

Baby Massage (8 weeks-pre-crawlers)

Tuesdays 10:30am-11:30 am

Signing and Storytelling (0-5's)

Wednesdays 10:30-11:00 am

Songs, Stories and Rhymes (0-5's)

Thursdays 10:30-11:00 am

Family Learning Activities

Thursdays 1:30-2:00 pm



Family Learning Packs: Please email us to collect your pack

Collection of Family Learning Packs with resources and activities to do at home with the children from Crawford or Dulwich Wood Children and Family Centre.

To collect your pack please email

cdcfcoffices@dulwichwood.com

Advisory Sessions Wednesdays 9am-12pm

Telephone advice and support for families in various areas such as parenting strategies, children's behaviour, accessing health and nursery, general advice about housing and employment.

To book a slot please email cdcfcoffices@dulwichwood.com

Training / Workshops

To book please email: cdcfcoffices@dulwichwood.com

Early Words Together at Two – Wednesdays 10:30-11:30am

A programme for families of 2-3 years olds to support a positive home learning environment, build parental confidence and enjoy exploring stories, rhymes and books.

<u>Partners Sessions / Advice</u>

Speech and Language support - Virtual Workshops

Chattertime and Babbling Babies. Contact <u>gst-tr.contactslt@nhs.net</u> for further information

Starting Solids Foods and Nutrition support - Virtual workshops Contact EYNutrition@gstt.nhs.uk for further information

Rose Vouchers



Support to buy fresh fruit and vegetables for low income families. **Rose Vouchers collection:** Monday 9-12pm and 1:30-3pm from Crawford Children and Family Centre

If you wish to register to receive Rose Vouchers, please phone **020 7525 2017** or email **cdcfcoffices@dulwichwood.com** to find out whether you are eligible.

Walk and Talks – Nature Walks

John Ruskin Park Dulwich Park

Tuesdays 1:30-2:30 pm Thursdays 10:30-11:30 pm

