# FRIDAY FAMILY SUPPORT AN ADVICE SESSION:

Every Friday our family services are on site to offer advice and support on any concerns you might have. Please note that this sessions is by appointment only and booking is required email us at: cdcfcoffic-

### es@dulwichwood.com

Register with us at the centre for access to fun actives, tips and ideas to help your little one develop.

### Register here.





A menu of exciting activities for families with young children, giving them great suggestions

how to have fun and learn at the same





Every child living in Southwark can register to receive a free book, every month, until their 5<sup>th</sup> birthday.

www.imaginationlibrary.com/checkavailability



Families with a child under 5 years old, on low income and living in **SE1**, **SE5**, **SE15 OR SE17** could be eligible to receive free fruit & veg vouchers.

#### **Vouchers available at Crawford Centre**

Monday & Wednesday 9:30am-12:00pm/1:00pm-3:00pm

For further information or to register for vouchers email:

cdcfcoffices@dulwichwood.com



We know that anyone can reach crisis point and we're here to help when that happens. Foodbank provides emergency food to help people In crisis. We can provide you with Foodbank vouchers please call: 0207 525 2017



Southwark Children and Family Centres Camberwell and Dulwich



## Summer holiday Timetable

## Monday 24th July Till Friday 1st September 2023



Web: https://www.dulwichwood.com/aardvarkcc/

Email: <a href="mailto:cdcfcoffices@dulwichwood.com">cdcfcoffices@dulwichwood.com</a>

**②** 020 7525 2017

Twitter: @C D cfc

o Instagram: <u>c d cfc</u>

Facebook: @CamberwellandDulwichcfc

#### **OUR CENTRE'S**

- Crawford Children and Family Centre Crawford Rd, Camberwell, London SE5 9NF
- Dulwich Wood Children and Family Centre Lyall Avenue, London SE21 8QS
- Albrighton Children and Family Centre 37 Albrighton Rd, London SE22 8AH
- The Grove Children and Family Centre Tower Mill Rd, London SE15 6BP

## **Dulwich Wood**

#### **MONDAY**

STAY AND PLAY 0 -5 YEARS

10:00am-11:30am Come and play and get weekly tips & ideas for learning through play.

Only on 24th July, 7th, 21st, 28th August.

# STAY AND PLAY 0 -5 YEARS 1:30pm-3:00pm

Come and play and get weekly tips & ideas for learning through play.

Only on 24th July, 7th, 21st, 28th Au-

#### WEDNESDAY

STAY AND PLAY 0-5 YEARS 10:00am-11:30am Come and play and get weekly tips & ideas for learning through play.

Only on 26th July, 9th & 23rd August.

## STAY AND PLAY 0-5 YEARS 1:30pm-3:00pm

Come and play and get weekly tips & ideas for learning through play.

## Crawford

#### **TUESDAY**

BREASTFEEDING CAFÉ 10:00am-12:00pm

Drop in for advice and support for any of your breastfeeding concerns. Last arrivals by 11:30

SENSATIONAL PLAY 0-5 YEARS 10:00am-11:30am
Come and play and get weekly tips & ideas for learning through play for children with additional needs.

SENSATIONAL PLAY 5-11 YEARS
1:00pm-2:30pm
Come and play and get weekly tips & ideas for learning through play for children with additional needs.

#### WEDNESDAY

STAY AND PLAY 0-5 YEARS 10:00am-11:30am

Come and play and get weekly tips & ideas for learning through play.

STAY AND PLAY 0-5 YEARS
1:00pm-2:30pm
Come and play and get weekly tips & ideas for learning through play.

#### **THURSDAY**

**HEALTH VISITOR DROP IN 0-2 YEARS** 10:00am-12:00pm Last arrival by 11:45

HEALTHY MOVERS 18MONTH-5 YEARS. RUSKIN PARK 10:30am-11:30am Physically fun interaction to a lively story and familiar songs to get everyone moving. No session on 10th Aug

STAY AND PLAY 0 -5 YEARS 1:00pm-2:30pm Come and play and get weekly tips & ideas for learning through play. No session on 10th Aug

#### **FRIDAY**

STAY AND PLAY 0-5 YEARS 10:00am-11:30am Come and play and get weekly tips & ideas for learning through play.

STAY AND PLAY 0-5 YEARS 1:00pm-2:30pm Come and play and get weekly tips & ideas for learning through play.

## The Grove

#### **MONDAY**

SENSATIONAL PLAY 0 -5 YEARS 10:00am-11:30am

Come and play and get weekly tips & ideas for learning through play for children with additional needs.

STAY AND PLAY 0 -5 YEARS

1:00pm-2:30pm

Come play, sing-along and get weekly tips & ideas for learning through play.

#### TUESDAY

STAY AND PLAY 0 -5 YEARS

10:00am-11:30am

Come play, sing-along and get weekly tips & ideas for learning through play.

STAY AND PLAY 0 -5 YEARS 1:30pm-3:00pm

Come play, sing-along and get weekly tips & ideas for learning through play.

#### **THURSDAY**

STAY AND PLAY 0 -5 YEARS 10:00am-11:30am

Come play, sing-along and get weekly tips & ideas for learning through play.

STAY AND PLAY 0 -5 YEARS 1:30pm-3:00pm

Come play, sing-along and get weekly tips & ideas for learning through play.

#### **FRIDAY**

SENSATIONAL PLAY 0 -5 YEARS

10:00am-11:30am

Come and play and get weekly tips & ideas for learning through play for children with additional needs.

STAY AND PLAY 0 -5 YEARS

1:00pm-2:30pm

Come and play and get weekly tips & ideas for learning through play for children with additional needs.

## DAY OUT

\*Please note that spaces are limited therefore booking is required for this session. Email us :cdcfcoffices@dulwichwood.com

### WEDNESDAY

STORYTIME AT THE GALLERY

10:00am-11:30am

Join our fun interactive Storytime full of puppets and props that make Storytime fun and engaging at the Dulwich Picture Gallery.

Only on 2nd, 16th, 30th of August.