



Southwark Children and Family Centres
Bermondsey and Rotherhithe



Southwark Children and Family Centres
Camberwell and Dulwich

Parenting Workshops

The workshops will be delivered by zoom. If you wish to book a space, please email ccadmin@pilgrimsway.southwark.sch.uk, stating which workshop you would like to join.

50 Things To Do Before You Are Five **Monday 10th January 2022- 1:30pm-2:30pm**

Join us to learn more about this free app and how you can choose from a selection of exciting activities to do with your child/ren and have fun and learn at the same time.

New Parents with babies Q&A's **Friday 14th January 2022- 1:30pm -2:30pm**

Have you recently had a baby? Was your baby born in lockdown? Join us in this space to talk to our Early Years Practitioners who are on hand to answer any questions regarding your baby's development and update you on services available to you and your family.

Promoting Positive Behaviour **Monday 17th January 2022- 1:30pm-2:30pm**

A workshop that provides understanding the different factors influencing a child's behaviour and learn tips on positive reinforcement and effective communication to meet the individual needs of your child.

Schemas **Monday 24th January 2022- 1:30pm-2:30pm**

This workshop will help you understand why your child/ren repeat the same actions over and over again when they are playing and display different types of behaviour to help them explore the world around them.

Potty Training **Monday 31st January 2022- 1:30pm-2:30pm**

A workshop that provides a simple guide and tips for parents/carers to understand when your child is ready to start potty/toilet training and how best to support your child with this new experience.

Family Routine **Monday 7th February 2022- 1:30pm-2:30pm**

In this workshop we will discuss the benefits of setting structure in the daily routine and how to build consistent routines to support children's attachment and positive social and emotional development.