



Providing emergency food to people in crisis.
For information or to apply please email / call



Families with a child under 5 years old, on low income and living in **SE1, SE5 OR SE17** could be eligible to receive free fruit & veg vouchers

For further information or to register for vouchers

cdcfoffices@dulwichwood.com

020 7525 2017



Visit southwark.gov.uk/freeD



Every child living in Southwark can register to receive a free book, every month, until their 5th birthday.

www.imaginationlibrary.com/checkavailability

Contact us:

Crawford Children and Family Centre
Crawford Rd, Camberwell,
London SE5 9NF

Dulwich Wood Children and Family Centre
Lyll Avenue,
London SE21 8QS

Albrighton Children and Family Centre
37 Albrighton Rd,
London SE22 8AH

The Grove Children and Family Centre
Tower Mill Rd,
London SE15 6BP



Southwark Children and Family Centres
Camberwell and Dulwich

Please complete our registration form if you are new to attending one of our Children and Family and Centres.

<https://www.dulwichwood.com/aardvarkcc/>



19th April 2021 – 28th May 2021

All sessions now require bookings in advance please

Email: cdcfoffices@dulwichwood.com

020 7525 2017

 **@CamberwellandDulwichCFC**

 **@C_D_cfc**



Baby Packs / 2-3 years Packs / Arts & Crafts / SENDs

Collect an Activity Pack with resources and instruction sheet to learn, play and create at home together.

We have Sports Packs for those signing up for Healthy



A menu of exciting activities for families with young children, giving them great suggestions for how to have fun and learn at the same time.

Download via Google Store & Apple Store.

MONDAY

HEALTHY MOVERS 18months – 5 years

Ruskin Park 10:30 – 11:15

Physical fun interaction to a lively story and familiar songs to get everyone moving.

TUESDAY

OUTDOOR EXPLORERS 0 – 5 years

Dulwich Park 10:00 – 11:00

Our outdoor stay and play session with activities, songs & stories.

BABY MASSAGE 6 weeks – pre-crawlers

Dulwich Wood Children Centre 10:00 – 11:00

A six-week course for Parent & Baby.

BOOKSTART 0 – 5 years

Dulwich Wood Children Centre 10:00 – 11:00

Supporting early literacy using puppets and props to make story time fun and engaging.

WEDNESDAY

CHATTERBOX 0 – 5 years

Albrighton Centre 10:00 – 11:00

Stay & Play session with weekly tips.

EARLY WORDS TOGETHER 2 – 3 years

Sydenham Woods 10:30 – 11:30

Starting 5th May 2021

A six-week programme building parents' confidence so that they can support their children's communication, language and literacy skills at home.

THURSDAY

OUTDOOR EXPLORERS 0 – 5 years

Ruskin Park 10:30 – 11:30

Our outdoor stay and play session with activities, songs & stories.

TODDLER TIME 18MONTHS – 5 years

Dulwich Wood Children Centre 10:30 – 11:30

FRIDAY

HEALTHY MOVERS 18months – 5 years

Dulwich Park 10:30 – 11:15

BOOKSTART 0 – 5 years

Albrighton Centre 10:30 – 11:15

MEETING POINTS FOR OUTDOOR SESSIONS

Dulwich Park: On the grass in front of the boating pond.

Ruskin Park: On the grass by the bandstand.

Sydenham Woods: White picket fence entrance opposite Sydenham Hill train station.

All Children Centre staff will wear our logo on Hi-Vis jackets and ID cards.

VIRTUAL SESSIONS

SONGS, STORIES & RHYMES 0 – 5 years

Monday 10:30 – 11:15 Thursday 1:30 – 2:15

Songs to sing and stories to share.

To book please email cdcfcoffices@dulwichwood.com



SPEECH & LANGUAGE VIRTUAL WORKSHOPS

Sessions are run by a qualified Speech and Language Therapist. To book a place please register with your local children's centre or email gst-tr.contacts@nhs.net

BABBLING BABIES 0 – 15 months

WEDNESDAYS 10:00 – 10:30 and 10:30 – 11:00

CHATTERTIME 15 months – 4 years

MONDAYS 10:30 – 11:00 am

FAMILY ADVISORY & INFORMATION

Get confidential advice and support from the Early Years team about child development and signposting to accessing different services for you and your family

Wednesday 10:00 - 12:00

To book a telephone call-back email cdcfcoffices@dulwichwood.com