

## Contact us

### Crawford Children and Family Centre

Crawford Rd, Camberwell, London SE5 9NF

### Dulwich Wood Children and Family Centre

Lyall Avenue, London SE21 8QS

### Albrighton Children and Family Centre

37 Albrighton Rd, London SE22 8AH

### The Grove Children and Family Centre

Tower Mill Rd, London SE15 6BP

**Telephone:** 0207 525 2017

**Email:** [cdcffices@dulwichwood.com](mailto:cdcffices@dulwichwood.com)

Please visit our websites for further  
information

<https://www.dulwichwood.com/aardvarkcc>



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@CamberwellandDulwichcfc



Southwark Children and Family Centres  
Camberwell and Dulwich

## Camberwell and Dulwich Children and Family Centres

### January 2021 Timetable

All sessions now require booking in advance please email

[cdcffices@dulwichwood.com](mailto:cdcffices@dulwichwood.com)

Please note that 'in real life' sessions are on pause due to  
COVID-19 Restrictions.



Our registration form is now available to complete on our  
website

<https://www.dulwichwood.com/aardvarkcc/>

Please complete this if you are new to attending our Children  
and Family and Centres.



## Virtual Sessions



### **Songs and Stories from around the world (0-5's)**

Mondays 10:30am-11am

### **New Parents Group (Babies up to 6 months)**

Mondays 11:30am-12:00pm

### **Chattertime run by Speech & Language Therapist (15 months-4 years)**

Mondays 10:30-11:00am

### **Baby Massage (8 weeks-pre-crawlers) From 19th January 2021**

Tuesdays 10:30am-11:30am

### **Baby Group (0 –18 months)**

Tuesday 10:30am-11:30am

### **Signing and Storytelling (0-5's)**

Wednesdays 10:30am-11:00am

### **Toddler Time (18 months—36 months)**

Wednesdays 11:30am-12:00pm

### **Songs, Stories and Rhymes (0-5's)**

Thursdays 11:30am-12pm

### **Family Learning Activities**

Thursdays 1:30pm-2:00pm

### **Healthy Movers ( 18 months-5's)**

Fridays 10:30am-11:00am

### **Young Parents Group-Parents under 25**

Fridays 10:30am-11:30am

## **Family Learning Packs: Please email us to collect your pack**

Collection of Family Learning Packs with resources and activities to do at home with the children from Crawford or Dulwich Wood Children and Family Centre.



To collect your pack please email

[cdcfoffices@dulwichwood.com](mailto:cdcfoffices@dulwichwood.com)

## **Advisory Sessions Wednesdays 9am-12pm**

Telephone advice and support for families in various areas such as parenting strategies, children's behaviour, accessing health and nursery, general advice about housing and employment.

To book a slot please email [cdcfoffices@dulwichwood.com](mailto:cdcfoffices@dulwichwood.com)

## **Training / Workshops**

To book please email: [cdcfoffices@dulwichwood.com](mailto:cdcfoffices@dulwichwood.com)

### **Early Words Together at Two – Wednesdays 10:30am-11:30am**

A programme for families of 2-3 years olds to support a positive home learning environment, build parental confidence and enjoy exploring stories, rhymes and books.

## **Partners Sessions /Advice**

### **Speech and Language support - Virtual Workshops**

Chattertime and Babbling Babies. Contact [gst-tr.contactsft@nhs.net](mailto:gst-tr.contactsft@nhs.net) for further information

### **Starting Solids Foods and Nutrition support - Virtual workshops**

Contact [EYNutrition@gstt.nhs.uk](mailto:EYNutrition@gstt.nhs.uk) for further information

## **Rose Vouchers**



Support to buy fresh fruit and vegetables for low income families.

**Rose Vouchers collection:** Monday 9am-12pm and 1:30pm-3pm from Crawford Children and Family Centre

If you wish to register to receive Rose Vouchers, please phone **020 7525 2017** or email [cdcfoffices@dulwichwood.com](mailto:cdcfoffices@dulwichwood.com) to find out whether you are eligible.

## **Sessions On Pause:**

**John Ruskin Park**

**Dulwich Park**



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