



Breastfeed often



Keep breastfeeding



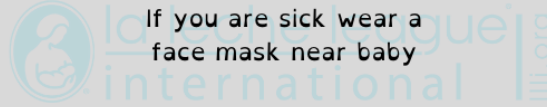
If you must go to hospital
keep baby with you
and keep breastfeeding
if you can, or
pump or express milk



Keep breastfeeding as much
as you can and get
the support you need



Wash hands before
breastfeeding



Breastfeeding and Coronavirus



6 March 2020, Illi.org

**BREASTFEEDING
PROTECTS
BABY WHEN THEY
ARE SICK, AND WHEN
THEIR FAMILY IS SICK**