



## Southwark Children and Family Centres Camberwell and Dulwich

# Breast Feeding Café

Are you **breastfeeding** or **planning** to breastfeed?

Would you like **support** or **information** about breastfeeding?

Then **drop-in** at our **breastfeeding café** for free support and information from your local **Health Care Professionals** where you'll find a **relaxed** and **friendly** environment.



Sessions are at **Crawford Children's Centre, Tuesdays** 1.00 pm – 3.00 pm. No appointment necessary.

Telephone our main office on **020 7525 2017** for more information.

Visit [www.aardvarkcc.com](http://www.aardvarkcc.com) for more activities – there's always something new!

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Mobile: **07766 307 521** website: [www.gstt.nhs.uk/breastfeeding](http://www.gstt.nhs.uk/breastfeeding)

Guy's and St Thomas' **NHS**

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