



Southwark Children and Family Centres Camberwell and Dulwich Breast Feeding Café

Are you **breastfeeding** or **planning** to breastfeed?

Would you like **support** or **information** about breastfeeding?

Then **drop-in** at our **breastfeeding café** for free support and information from your local **Health Care Professionals** where you'll find a **relaxed** and **friendly** environment.



Sessions are at the **Albrighton Centre, Mondays** in **term time** 10.00am – 11.30pm. No appointment necessary.

Telephone Aardvark Children's Centres' main office on **020 7525 2017** for more information.

Visit www.aardvarkcc.com for more courses – there's always something new!

Clarissa Georgestone, Breastfeeding Co-ordinator email: clarissa.georgeston@gstt.nhs.uk ☎ **020 7138 7815**

Mobile: **07766 307 521** website: www.gstt.nhs.uk/breastfeeding

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