

# What's on at Crawford?



Southwark Children and Family Centres  
Camberwell and Dulwich

**Camberwell - Crawford Road, London SE5 9NF**

Summer programme Monday 23<sup>rd</sup> July – Friday 17<sup>th</sup> August

Day	Time	Activity	What is it?	Notes
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Closed due to essential maintenance

Please check our website [www.aardvark.co.uk](http://www.aardvark.co.uk)

Or; call us for information on 0207 525 2017

# What's on at Albrighton?



Southwark Children and Family Centres  
Camberwell and Dulwich

South Camberwell - Albrighton Road, London SE22 8AH  
Summer programme Monday 23<sup>rd</sup> July – Friday 17<sup>th</sup> August

Day	Time	Activity	What is it?	Notes
Monday	10.00 -11.30	Breast Feeding Café	Support for breast-feeding mothers	Run by the Health Visitors
Monday	1.15 - 2.45	Stay and Play Under 2 years	Toddler Soft play and baby session  0-2 years	23 <sup>rd</sup> July 30 <sup>th</sup> July 6 <sup>th</sup> August 13 <sup>th</sup> August Run by Children's Centre Staff
Monday	2.00 -3.30	Starting Solid Foods	A presented session with the Early Years Dietician. Limited space, please arrive early.	30 <sup>th</sup> July 17 <sup>th</sup> September
Friday	10.00 - 12.00	Stay and Play	Time for fun, for you and for your child,  0-7 years	27 <sup>th</sup> July 3 <sup>rd</sup> August 10 <sup>th</sup> August 17 <sup>th</sup> August Run by Children's Centre Staff

## Dates to remember

**W/c 20<sup>th</sup> and 27<sup>th</sup> August there will be no Stay and Play or Baby Sensory.**

Our regular term time programme will return w/c 3<sup>rd</sup> September.

If you are unsure of when the holidays are, please check the

calendar on our website: [www.aardvarkcc.com](http://www.aardvarkcc.com)



## Albrighton Community Fridge

### Need some help stocking your fridge?

The Albrighton Community Fridge is a new service to give local people a chance to get **free food** donated by **Sainsbury's**. All food is **within the 'use by date'**. The Fridge is located at the Albrighton Community Centre and is open at the following times:

**Tuesday 1-5pm    Wednesday 1-3pm and 5-7pm    Thursday 1-3pm**



# What's on at The Grove?



Southwark Children and Family Centres  
Camberwell and Dulwich

**Peckham - Tower Mill Road, London SE15 6BP**

Summer programme Monday 23<sup>rd</sup> July – Friday 17<sup>th</sup> August

Day	Time	Activity	What is it?	Notes
Monday	10.00 -11.30	Baby Sensory	Activities to stimulate your baby's senses	Continues weekly over summer up to and including Monday 13 <sup>th</sup> August 0 - 18 months
Monday	10.00 -11.30	Starting Solid Foods	A presented session with the Early Years Dietician	9 <sup>th</sup> July 6 <sup>th</sup> August
Monday	9.00 - 5.00	Ready Set Reception!	Invitation only group run by Speech and Language	w/c 30 <sup>th</sup> July on Mon, Wed, Thurs and Fri
Tuesday	10.00 -12.00	Stay and Play	Time for fun, for you and for your child, 0-7 years	24 <sup>th</sup> July 7 <sup>th</sup> August 14 <sup>th</sup> August Run by Children's Centre Staff
Tuesday	1.00 - 3.00	Breast Feeding Café	Support for breast feeding mothers	Run by Health Visitors
Wednesday	10.00 - 2.00	SENSational Play	A new group for children with special educational needs/disabilities (SEN/D) And their carers. Under 5's Siblings up to 8 years welcome	25 <sup>th</sup> July 1 <sup>st</sup> August 8 <sup>th</sup> August 15 <sup>th</sup> August 22 <sup>nd</sup> August 29 <sup>th</sup> August
Thursday	10.00 -12.00	Welfare Rights Advice	Support and Advice about benefits	19 <sup>th</sup> July 23 <sup>rd</sup> August
Thursday	10.30 -12.00	Keeping Well Post Birth Group	10 week therapeutic intervention programme for mothers suffering from or at risk of postnatal depression.	Begins 20 <sup>th</sup> September Contact centre to book a space

# What's on at Dulwich Wood?



Southwark Children and Family Centres  
Camberwell and Dulwich

**Dulwich - Lyall Avenue, London SE21 8QS**

Summer programme Monday 23<sup>rd</sup> July – Friday 17<sup>th</sup> August

Day	Time	Activity	What is it?	Notes
Tuesday	9.00 - 3.00	Solace	Support and advice around domestic violence	Contact centre to book an appointment
Thursday	10.15 -11.45	Baby Sensory	Activities to stimulate your baby's senses	Continues weekly over summer up to and including Thursday 16 <sup>th</sup> August 0 - 18 months
Thursday	10.00 -11.30	Nutrition Advice	A chance to speak with the Early Years Dietician and ask any questions you may have.	19 <sup>th</sup> July
Thursday	10.00 -12.00	Welfare Rights Advice	Support and Advice about benefits	5 <sup>th</sup> July 9 <sup>th</sup> August 20 <sup>th</sup> September
Thursday	10.00 -12.00	Speech and Language	Drop in session with a Speech and Language Specialist	12 <sup>th</sup> July No need to book
Thursday	1.00 - 3.00	Stay and Play	Time for fun, for you and for your child. 0-7 years	26 <sup>th</sup> July 2 <sup>nd</sup> August 9 <sup>th</sup> August 16 <sup>th</sup> August Run by Children's Centre Staff
Friday	9.00 -12.00	IAPT	Counselling service for adults (by appointment only)	Contact Centre to book an appointment



To book on a course or to find out more give us a call:

0207 525 2017

Or visit us at: [www.aardvarkcc.com](http://www.aardvarkcc.com)