

What's on at Crawford?

Camberwell - Crawford Road, London SE5 9NF

Day	Time	Activity	What is it?	Notes
Monday	10.00-11.30	Messy Play	Bring your child to have messy fun!	9 months - 4 years
Monday	1.20-2.30	NEW TIME Move and Groove	Singing, music & games	Delivered by Children's Centre team
Tuesday	10.00 -11.30	Baby Sensory	Fun activities to stimulate your baby's senses	0 - 18 months
Tuesday	10.00-11.30	Bookstart	Reading, rhymes & stories	Held at Camberwell Library SE5 7AL
Tuesday	1.30-3.00	Breast Feeding Café	Support for breast-feeding mothers	Run by the Health Visitors
Tuesday	10.00-11.00	Starting Solid Foods	A presented session with the Early Years Dietitian	15 th May 12 th June Please arrive promptly
Wednesday	10.00 -11.30	Chattertime	A play session for children with language and communication difficulties	Run by the Speech Therapists
Wednesday	10.00 –2.00	NEW – Family Matters	1 day workshop delivered by Southwark Works to provide guidance on adult skills and employment issues	27 th June Call to book your place
Thursday	9.30-11.00	Health Visitors	Child Health Clinic for babies	Run by the Health Visitors
Thursday	10.00 -12.00	Welfare Rights Advice	Support and advice on your benefits	17 th May 5 th July Call to book a place
Friday	9.30 -11.30	Toddler Group	Time for fun, for you and your toddler	Delivered by Children's Centre team
Saturday	11.30-1.00	Spanish Ante-natal	Drop in ante-natal sessions for Spanish speakers	Last Saturday of every month. Run by Spanish Midwives

Closure Date:

Crawford Children's Centre will be closed on Thursday 3rd May for Polling day.

All activities listed are Term Time Only

What's on at Albrighton?

South Camberwell - Albrighton Road, London SE22 8AH

Day	Time	Activity	What is it?	Notes
Monday	10.00-11.30	Breast Feeding Café	Support for breast-feeding mothers	Run by the Health Visitors
Monday	10.00 -11.30	Chattertime	A play session for children with language and communication difficulties	Run by the Speech & language Therapists
Monday	2.00 -3.00	Starting Solid Foods	A presented session with the Early Years Dietitian	23 rd April 14 th May 25 th June Please arrive promptly
Monday	2.00 –3.30	New Baby Group	Support your child's development through play	Run by Health Visitors
Wednesday	10.00-2.00	New – Family Matters	1 day workshop delivered by Southwark Works to provide guidance on adult skills and employment issues	2 nd May Spaces are limited - call to book a place
Thursday	10.00 -12.00	Multiple Births Group	Support group for parents with multiple births	Run by parents
Thursday	1.20 -2.30	Move & Groove	Singing, music & games	Delivered by Children's Centre team
Friday	10.00 -11.30	Bookstart	Reading, rhymes & stories for 0 - 5 years	Run by Library staff

All activities listed are Term Time Only

Term Time Only

Most of our activities are 'Term Time Only,' which means they stop during the school holidays.

If you are unsure of when the holidays are, please check the calendar on our website: www.aardvarkcc.com



Albrighton Community Fridge

Need some help stocking your fridge?

The Albrighton Community Fridge is a new service to give local people a chance to get **free food** donated by **Sainsbury's**. All food is **within the 'use by date'**. The Fridge is located at the Albrighton Community Centre and is open at the following times:

Tuesday 1-5pm Wednesday 1-3pm and 5-7pm Thursday 1-3pm



What's on at The Grove?

Peckham - Tower Mill Road, London SE15 6BP

Day	Time	Activity	What is it?	Notes
Monday	10.00 -11.00	Starting Solid Foods	A presented session with the Early Years Dietitian	30 th April 4 th June Please arrive promptly
Monday	10.00 -11.30	Baby Sensory	Activities to stimulate your baby's senses	0 - 18 months
Tuesday	10.00-2.00	NEW – Family First Aid	1 day course with crèche available	24 th April Call to book a place
Wednesday	9.30 -11.30	Toddler Group	Time for fun, for you and for your toddler	Delivered by Children's Centre team
Wednesday	10.00 -12.00	Child-minders' Group	A support group for Southwark child-minders	Supported by the Dietitian and Speech & Language Therapist
Wednesday	10.00-2.00	NEW – Family Matters	1 day workshop delivered by the Southwark Works to provide guidance on adult skills and employment issues	6 th June Spaces are limited - call to book a place
Thursday	10.00 -12.00	Welfare Rights	Support and advice about benefits	10 th May 28 th June Call to book a place
Thursday	1.15 -2.45	Messy Play	Exciting messy resources for your child to explore	9 months - 4 years
Friday	9.30-10.40	Move & Groove	Singing, music & games	Delivered by Children's Centre team

All activities listed are Term Time Only



To book on a course or to find out more give us a call:

0207 525 2017

Or visit us at: www.aardvarkcc.com

What's on at Dulwich Wood?

Dulwich - Lyall Avenue, London SE21 8QS

Day	Time	Activity	What is it?	Notes
Tuesday	10.00 -11.30	Bookstart	Reading, rhymes & stories	Run by Library staff
Tuesday	1.20 -2.30	Move & Groove	Singing, music & games	Delivered by Children's Centre team
Tuesday	9.00-3.00	Solace	Support and advice around domestic violence	Contact centre to book an appointment
Wednesday	9.30 -11.30	Toddler Group	Time for fun, for you and your toddler	Delivered by Children's Centre team
Wednesday	11.30 -12.00	Toy Library	Borrow toys for free	Ask the Children's Centre team for advice on toys
Wednesday	10.00-2.00	NEW- Family Matters	One day workshop delivered by Southwark Works to provide guidance on adult skills and employment issues	18 th April Spaces are limited - call to book a place
Wednesday	1.00-3.00pm	NEW – Cook and Eat with Crèche	3 week course, healthy simple meals for all the family	9 th May 16 th May 23 rd May Call to book a place
Thursday	10.00 -12.00	Child-minders' Group	A support group for Southwark child-minders	Supported by the Dietician and Speech & Language Therapist - Once a month Check website for dates
Thursday	10.00-11.00	Speech and Language	Drop in session with a Speech and Language therapist	26 th April 24 th May 28 th June 12 th July No need to book
Thursday	10.15 -11.45	Baby Sensory	Activities to stimulate your baby's senses	0 - 18 months
Thursday	10.00 -12.00	Welfare Rights	Support and advice about benefits	26 th April 14 th June Call to book a place
Thursday	1.30-3.00	Messy Play	Exciting messy resources for your child to explore	9 months - 4 years
Thursday	1.30-3.00	Nutrition Advice	Have questions about fussy eaters or balanced diets? Speak to our dietitian.	19 th April 24 th May Drop in – no need to book
Friday	9.30-11.30	Chatterbox	A play session for children with language and communication difficulties	Delivered by Children's Centre Team. SALT drop in - check website for dates

Dates for your diary:

Tuesday 24th April - An Oral Health Promoter from KCH will be available during Bookstart at Dulwich Wood to talk about oral hygiene.

Thursday 3rd May - Crawford Children's Centre will be closed for Polling day.