



Aardvark Children's Centres

Messy Play



'Messy Play' helps your child:

- **Express** their **feelings** in a creative way
- **Learn** about what things **feel** like and what they **do**
- Learn about **colour** mixing, **patterns**, design, texture and rhythm
- Develop hand-eye **coordination** and practise the skills of pouring, measuring, mixing, scooping, and beating.

Have **fun** with **Messy Play** (suitable for children 9 months to 4 years) every **Thursday**, 1.15 pm to 2.45 pm, during term time at the **Grove Children's Centre**.

Telephone Aardvark Children's Centres' main office on 020 7525 2017 for more information.

Visit www.aardvarkcc.com for more courses – there's always something new!